

Do Unto Others As You Would Have Others Do Unto You—For Time Is Up!

12/12/01 ESU "JESUS" SANANDA

"Do unto others as you would have them do unto you."

Such simple words, yet oh how difficult it is for you to follow them.

Good evening, my scribe, I am Esu Sananda. I am known by many names, but the energy is the same. Names are for your benefit. As always, I come in Service unto ONLY Creator GOD, the One Divine Source of Radiant Light.

Each and every one of you who dwell upon planet Earth have an equal right to be there. There is not one of you who is any greater or any lesser than any other. So why is it, then, that so many of you act as though you have more right to the planet than the other? Why is it that you are so rude and unkind to one another?

My message is—and has always been—that you should love one another as I have loved you. Do you not realize, then, that when you hurt another, it hurts all?

You pray for peace and you ask for love, yet you live your lives opposite of peace and love. How is it, then, that you expect your prayers for love and peace to be answered?

Can you not see that it is by your very own actions that you have stopped the flow and caused your own prayers to go unanswered? Can you not see that it is NOT God who has not heard you, but rather it is YOU who have not heard yourself?

You cannot expect your requests to be answered unless you begin practicing the very simple commandments I left with you. When I was asked about the commandments, I said that I would give you only two:

1. To love God with all your heart; and
2. To love your neighbor as you would love yourselves.

What I am witnessing is that very few of you ones actually have taken to heart these two simple commandments.

Yet, you fuss and fight about 10 of them. You theorize and you philosophize over them, trying to decide if there is a difference between a little fib and a lie, and whether "thou shalt not kill" means in war, self-defense, or in

capital punishment, and when is coveting really coveting.

And, all the while, you simply choose to ignore the two commandments about love. Does this even make any sense to you? Can you not see that you are merely chasing your own tails and playing into the hands of Dark energies?

"Love one another." It is so simple.

Treat one another as you would want others to treat you. Be kind. Be patient. Be polite. Be caring. Be trustworthy. Be honest. Before you speak, think how your words will affect the one you're speaking to. Before you tell that lie, ask yourself if you would appreciate that person lying to you. Before you take that small, insignificant item from your workplace, restaurant, or hotel, ask yourself if you would appreciate someone coming to your home and taking something they thought was insignificant? Before you are rude and inconsiderate, think how you would feel in that situation. How would these things make you feel?

If you give a person your word—mean it. Try using "please" and "thank you" and "I am sorry"—AND MEAN IT! Make your words mean something.

On a daily basis, I hear ones asking what is wrong with your world. What is wrong is that each and every single person needs to follow one very simple commandment:

"Love your neighbor as you love yourself."

If you have offended another, humble yourself and make a heart-felt apology. And then strive to not offend again. But never say you are sorry when you are not, or if you have no intention of correcting your errors. Make your words actually meaningful. Do what you say. It is called integrity.

You are at the time of the year when everyone is talking about "peace on Earth and goodwill toward men". You become giving, thoughtful, and generous. You smile at strangers, and visit with neighbors, friends, and relatives.

Why should it be that you should remember this philosophy only once per year? Should you not be practicing this every day of every year? During this season, you think about the homeless,

the poor, and the hungry. But there are 365 days in your year. What thought do you give these matters throughout the year?

Does this make you any better than the person who only goes to church on Christmas? You know, the one whom you call the hypocrite.

But, you say, you have no time, you lead very busy and full lives. That is your choice.

You have no time because of what you have made priorities, and those priorities do not include those who truly do need your help.

Again I say to you:

"Do unto others as you would have them do unto you."

If you were homeless and hungry, you would wish for someone to reach out to you on more than just one day a year, for their hunger and homelessness will not magically go away on December 26.

As you have been told many, many times over the last decade, your world is evolving to the next level of existence. Your world is transitioning from your third-dimensional expression to the fourth-dimensional expression.

That is the good news.

The bad news is that very few of the Earth's inhabitants will be making that transition to the higher frequencies (ascension) with the planet. Why, you ask? Because you are not ready, and you would not survive the ascension in your present state of being, for your thoughts, words, and actions are still fixed in the lower, third-dimensional frequency range. Your hearts are still fixed upon selves and upon materialism. You do not care for one another, or for your planet, or for its wildlife, or for its plant life, or for its ecology in general.

You still consider yourself to be separate from everything else—rather than understanding that you ARE your neighbor, your planet, the wildlife, and the plant life. You ARE the stars and the Moon and the Sun. There is no separation, for all is related and connected. What you think, what you say, and what you do affect everything else in the universe in the same way that such affect you.

So, your goals remain self-centered and self-serving because you are

anchored in the third-dimensional frequency range by your own doing, yet these third-dimensional aspects and concepts have no place in the higher dimensions.

Many of those whom you shun in your daily lives are closer to making the transition than are those of you who whiz by them in your shiny, fast cars. How, you ask?

Because they no longer have an attachment to the material world. They have nowhere else to go but up. Should you look past their outward appearance, you would find many great spiritual teachers among these.

But go ahead and shun them. Try to ignore them. Pretend they do not exist. Rationalize in your mind that they just need to get a job and support themselves. You are hurting no one except yourself by this attitude.

So, do you now see why we have been teaching about cleaning out and changing your thought and emotional processes?

Can you reach out and grasp these concepts?

Can you embrace them?

Can you live them?

These messages have been given to you ones for over a decade. Yet, we see only a handful of you ones who have taken these messages to heart and have truly sought to make the changes that must be made if you are to ascend to the higher dimension along with your planet. Those who have chosen not to make these changes have a myriad of reasons and excuses, and all these reasons seem logical to them. They are, however, based on self-service, materialism, and fear. The wrapping paper may be different, but the contents of the packages are all the same.

We have told you that your emotional baggage had to be cleared out. You cannot take the lower, third-dimensional emotions of fear, anger, lust, greed, etc., to the higher dimensions. However, it is YOUR responsibility to clean out these things. It is not usually a pleasant project. In fact, it will be one of the most difficult tasks you have ever undertaken. However, I will promise you this: you will feel Lighter once you have unloaded that excess baggage of your dark, hidden emotions.

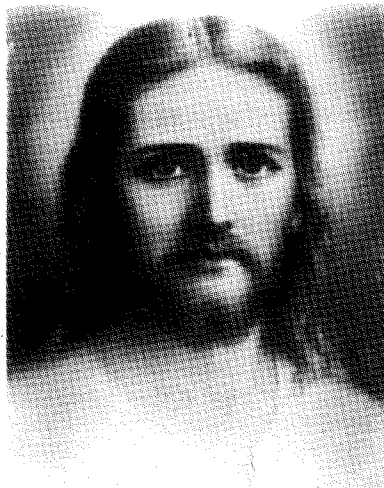
Once you face your fears, your anger, etc., you will become much more free. You will find that there is no reason to hide behind them. It will liberate you, and you will feel better emotionally, mentally, and physically. You will

begin to experience healings in your entire being.

You CAN live in Divine Health—but not if you continue to hold on to all the heavy baggage. We of the Higher Dimensions are always available for guidance. But first, there MUST be definitive action on your part, and a heartfelt desire for change. And YOU MUST ASK!

How can you change when no one else is willing? Well, here's a bit of advice: What others do is none of your concern.

YOUR concern is with what YOU do. But, you say, everybody else is rude. Fine. Does that automatically give you the right to be rude, also? But, you say, everybody else lies. Fine. Do two wrongs make a right?



ESU "JESUS" SANANDA

This reproduction is from an actual photograph taken on June 1, 1961 in Chichen Itza, Yucatan, by one of thirty archaeologists working in the area at the time. Esu Sananda appeared in visible, tangible body and permitted his photograph to be taken.

Let us say that the cashier at the store is rude to you, so you are rude back. Then she is rude to the next person in line, and that person is rude back to her.

Now, let's say that, instead of being rude in return, you smile and, with love in your heart, you are kind to her. Chances are you have just stopped the cycle that would have gone on all day.

It's highly likely that she became rude because someone was rude to her first. **Learn to recognize the Darkness and, rather than meet Darkness with Darkness, meet the Darkness with Light.**

Regardless of whether you witness a change in the cashier, know that you have done the right and Godly thing. You have sown seeds of Light and not Darkness.

You ones have created your own realities. If those realities are not as you would like them to be, you have no one but yourselves to blame. Stop blaming everyone else for your own misfortunes; be responsible enough to realize that you are experiencing ONLY that of your own making.

You ones are quick enough to take credit when things go well for you. But there is no balance if you are not likewise willing to take the credit when things do not go well.

Once again I shall tell you that you create by every thought you think, every word you speak, and every action you take. Thoughts, words, and actions are energy, and energy ALWAYS creates in like kind. It is a Universal Law. Learn it. Know it. Live it. Only then will you begin to comprehend the fullness and abundance that is everywhere about you. Only with that comprehension will you become all that you are capable of. Only then will you become co-creators and masters of your own destinies.

YOU ARE RUNNING OUT OF TIME, DEAR ONES.

Do you not see that which is taking place all around you?

Do you not see the pace at which events are unfolding?

Do you not see the changes in your planet and in your Sun?

Do you not see all the things occurring that have been foretold?

Then—what is it that you ones are waiting for?

YOU ARE AT THE MIDNIGHT HOUR, AND YOU HAVE JUST A FEW SHORT SECONDS OF TIME BEFORE THE SHIFT OF FREQUENCY IS COMPLETE AND YOUR WORLD CHANGES FOREVER.

Do you wish to participate in this ascension, or not? It is a most serious choice that you MUST make.

At the present moment, the majority of you have chosen not to be a part of the ascension, because you have not heeded the messages and the warnings, and you continue to live your lives with third-dimensional emotions and concepts.

I am not here to bring fear to the hearts of men. And I am not chastising you ones. However, I am also not here to just "make you feel good".

I am here to impress upon you the

urgency and to reach my hand toward you. I am here in the hope of reaching as many of you as will hear. I shall not rest, and I shall not be silent until the very last microsecond of time is upon you. My attempts to reach as many of you as I can will continue until there is absolutely no more time to do so.

My desire is that every one of you ascend to the next level of existence. As long as there is even one of you not ready, I will continue to reach out, because I love each and every one of you equally. There are none who I see as unreachable.

You are ALL feeling and experiencing the transition even now. Those of you who are finding yourselves struggling and at odds with self and others are those who are like the salmon swimming upstream. You are resisting the change that is occurring because you are continuing to hold on to old paradigms.

Remember: NOTHING IS AS IT HAS BEEN, AND WILL NEVER BE THE SAME AGAIN. So stop living in the past!

Your planet is ascending. You are experiencing the transition.

Will you ascend with your planet or not? The choice is completely your

own.

My desire, however, is that each of you would choose the path of ascension. But first, you must make changes in yourselves. That I cannot do for you, and neither can anyone else.

I am always here for Guidance. You have but to reach out with your heart and your mind, with desire and love, and be willing to let go of that which is passing away rapidly.

The time of self-service (the "me first" point of view) is coming to an end on Earth. The Dark forces are struggling to keep as many of you mired down and anchored to the lower frequencies as possible. The Dark forces are on a suicide mission, and will go down willingly, dragging as many of you ones with them as they can. They know, beyond a shadow of a doubt, that their time is nearly up. However, they continue to hold on to whomever will allow them to do so, for their only mission—their only reason for existence—is to take as many of you down with them as will go willingly.

It is a battle between Light and Dark, a battle between "Good" and "Evil" if you prefer. It has been ongoing on Earth for

millennia.

Now the battle is just about over, for Light always triumphs over Darkness. However, the Darkness is very alluring. It is very seductive. And there are many of you who are playing right into their webs of deceit.


I am Esu "Jesus" Sananda. I leave you as I came, in the Light of our Creator.

"Do unto others as you would have them do unto you."

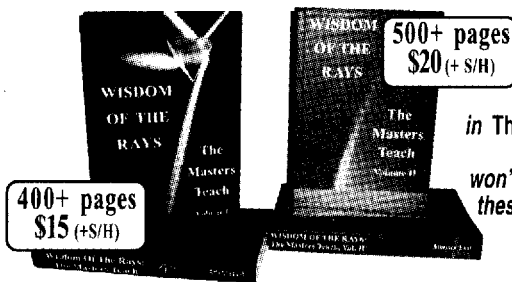
It is the greatest of all the commandments. It is the philosophy and the way of life of the Higher Realms, for we understand that what we do to others, we do to ourselves, for we all are related and connected. We know there is no separation. In this way, we serve only the One God of Light.

Peace, Love, and Light to each and every one of you. The Love I have for each of you is the same Love I would have you express toward one another. Only with that Love will you overcome the Darkness and make it through the current transition. Without that Love, you will never experience the Light, for all is Darkness without it.

Thank you for your service to Light. Thank you for your time.

I am Esu Sananda. Salu. 

WISDOM OF THE RAYS: The Masters Teach, Volumes I & II



Do you enjoy the spiritual messages shared here in The SPECTRUM? If so then you won't want to miss these two volumes packed full of earlier shared messages.

"Our Elder Brothers from the Higher Realms of Creation are attempting to communicate with ALL of us at this time. Why? Take a look around you. The old ways of doing things aren't working. Our planet is entering a time of massive, turbulent change and renewal. To put it bluntly: we NEED help! And that's where these books come into the picture. Yes, eventually 'the Phoenix will arise from the ashes' after this Great Cleansing process, but the ride could be

quite a bumpy one, especially for those ill-prepared for what is to happen."

— Back Cover, Vol. I

"Let us begin with WHO you are. You, the non-physical YOU, are an infinite thought projection of the One who created you. (God!) You are the product of His desire. You are, in effect, Desire manifest in uniqueness of purpose."

— Esu "Jesus" Sananda (Vol. II)

More Quotes From Volume II

"Be not in fear of the changes that are upon you, for they are a very necessary part of the [planetary] transition. The Earth will heave to and fro, and many wondrous things will you experience, but lose not your sight upon the final goal. We will *always* be there with you, and we are but a call away."

— Ceres Anthonious "Toniose" Soltec

"You live in perhaps the most unique time that your planet will *ever* experience—COMING OUT OF IGNORANCE (DARKNESS) AND INTO KNOWLEDGE (LIGHT). Would it not be wise to take full advantage of this exquisite learning environment?!"

— Sanat Kumara ("Grandfather")

"The physical body is 'merely' a conduit for the interaction into and the interfacing with the physical experience. I say 'merely' because that body is a most exquisite creation indeed and poorly understood by your current level of so-called medical science."

— Master Hilarion

"Be at peace, you who acknowledge and take within these messages of Higher Guidance, for you are being given that which you will need, in the way of instruction, to meet and surmount these challenges ahead."

— Aton, *The One Light*

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